

COUNTRYSIDE YMCA
Presents the 2005
DAVID A. HEWITT SUMMER POLAR BEAR INVITATIONAL

Date: June 25 and June 26, 2005

Place: Countryside YMCA (50 meter pool)
1699 Deerfield Road
Lebanon, Ohio 45036

Information Contact: Brad Isham
Phone: 932-1424 ext. 125
E-mail: bradish@countrysideymca.org

Facility: A spacious 8 lane 50 meter outdoor pool with a Colorado automatic timing system and touch pads. Spacious spectator seating. Large team and concession areas.

Type of Meet: This is an inter-league invitational exclusively for YMCA's. This will be a timed final event.

Times: Saturday & Warm-up @ 7:00 a.m.
Sunday Meet @ 8:00 a.m.

Entries and Fees:

1. Enter all times in **Meters** to the hundredth of a second
2. A swimmer may enter an unlimited number of events.
3. The meet will be limited to the first **350** swimmers.
4. Deck entries will be accepted provided the swimmer is already entered in the meet, there is an open lane in the event, and your deck entry fees have been paid. Deck entries are \$5.00 per individual event and \$20.00 per relay.
5. Individual events are \$3.00 each; relays are \$12.00 each. There will be no admission charge.
6. Make checks payable to: **Countryside Torpedoes**. Mail checks and entries to:
Brad Isham
1699 Deerfield Road
Lebanon, Ohio 45036
E-mail: bradish@countrysideymca.org

Entry Deadline: Entries are due no later than Monday, June 13th, 2005.

Meet Rules: The meet will be governed by the 2005 NCAA rules and those of the Southwest Cluster YMCA Swim League.

Awards: Individual high point plaques for each age group high point champion.

Heat winner ribbons in the 10&under age group events.

Ribbons for first through eighth in individual and relay events.
Ribbons for ninth through sixteenth place for individual events.

Scoring: Individual: 9-7-6-5-4-3-2-1
Relays: 18-14-12-10-8-6-4-2

Final Results: Countryside YMCA will furnish free of charge one copy of meet final results to each team. Additional copies may be ordered during the meet for \$10.00 per copy.

Conduct: All swimmers must be in designated areas. Anyone in non-designated areas will be disqualified from the meet. Any destruction of property during the swim meet will result in immediate disqualification of the swimmer and/or spectator from the meet and meet area. The swim club will be held responsible for the behavior of their swimmers, parents and guests.

ORDER OF EVENTS

Saturday Morning

(Warm-up 7:00 a.m. Meet 8:00 a.m.)

<u>Girls-Boys</u>	<u>Age Group</u>	<u>Event</u>
1-2	Senior	200 Free
3-4	8 & Under	50 Breast
5-6	9 – 10	50 Breast
7-8	11-12	50 Breast
9-10	13-14	50 Breast
11-12	15 & Over	50 Breast
13-14	Senior	200 Fly
15-16	8 & Under	50 Back
17-18	9 – 10	50 Back
19-20	11 – 12	50 Back
21-22	13-14	50 Back
23-24	15 & Over	50 Back
25-26	8 & Under	200 Free Relay
27-28	9 – 10	200 Free Relay
29-30	11 – 12	200 Free Relay
31-32	13 – 14	200 Free Relay
33-34	15 & Over	400 Free Relay
35-36	12 & Under	200 IM
37-38	Senior	400 IM

ORDER OF EVENTS

(Warm-up 7:00 a.m. Meet 8:00 a.m.)

<u>Girls-Boys</u>	<u>Age Group</u>	<u>Event</u>
39-40	Senior	200 Back
41-42	8 & Under	50 Fly
43-44	9 – 10	50 Fly
45-46	11 – 12	50 Fly
47-48	13 – 14	50 Fly
49-50	15 & Over	50 Fly
51-52	Senior	200 Breast
53-54	8 & Under	50 Free
55-56	9 – 10	50 Free
57-58	11 – 12	50 Free
59-60	13 – 14	50 Free
61-62	15 & Over	50 Free
63-64	8 & Under	200 Medley Relay
65-66	9 – 10	200 Medley Relay
67-68	11 – 12	200 Medley Relay
69-70	13-14	200 Medley Relay
71-72	15 & Over	400 Medley Relay
73-74	Senior	200 IM
75-76	Senior	400 Free